



CouncilLINK

Partners in preparing teachers of young children

Council for Professional Recognition

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How Sick Is *Too Sick* for the Child Care Setting?



Winter brings the cold season, the time for runny noses and coughs. Parents are naturally concerned when their children are ill, but for many, these illnesses bring difficult choices. Often parents must choose between staying home to care for a sick child, resulting in negative consequences from their workplace, versus bringing their child to the child care program as usual. This article will help teachers and parents decide when a child is too sick to attend child care. It also contains helpful resources for educating parents and caregivers about many health-related subjects.

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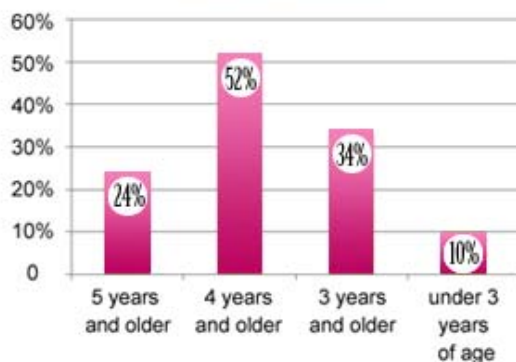
Did You Know?

The U.S. Department of Agriculture Food and Nutrition Service [website](#) features lots of information about the "Kids' Pyramid" for good nutrition — there is a two-sided poster, tips for parents, graphics for children, and much more. More information about good nutrition for children is also available in *Essentials for Child Development Associates Working with Young Children*, 2nd Edition. See pages 137-144 of *Essentials*, which is available for purchase at the [Council Online Bookstore](#).



Number of Children Enrolled in Head Start

In Fiscal Year 2005, there were 906,993 children enrolled in Head Start



This graph is from the Head Start Program Fact Sheet, Office of Head Start (2006).

Call for Success Stories

The CouncilLINK is soliciting stories about success achieved upon receiving the CDA credential. Please email your success story to newsletter@cdacouncil.org and put "success story" in the subject line.

Resources for Center Directors

Are you the director of a child care center? If so, you will be interested in the *Director's Toolbox* series by Paula Jorde Bloom. These four books are available at the [Council Online Bookstore](#) and they cover many essential topics: choosing effective staff, developing your own leadership qualities, and organizing dynamic staff meetings and workshops.

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